East of England Study Day 2016
Hertfordshire and Bedfordshire Urological Cancer Centre
Department of Urology. Lister Hospital, Stevenage

Wednesday 6th April 2016

Supported by

Location: The Weston Auditorium, University of Hertfordshire de Havilland Campus, Hatfield, Hertfordshire, AL10 9EU
Introduction

The 2016 East of England Study Day will be held at the Weston Auditorium at the University of Hertfordshire. The invited Key expert speaker for the study day is Professor Mani Menon, a world-leading robotic urological surgeon. Professor Menon is the Director of the Vattikuti Urology Institute, Detroit, USA. He is also Clinical Professor, Case Western Reserve University School of Medicine, Cleveland; Clinical Professor, New York University, School of Medicine and Adjunct Professor, University of Toledo.

Professor Menon started the first robotic prostate programme in the United States in 2001 at the Vattikuti Urology Institute. The robotic approach that Professor Menon developed, the Vattikuti Institute Prostatectomy (VIP), revolutionised the field of Urology and has become the gold standard for the surgical treatment of prostate cancer. Its establishment meant an unprecedented improvement in the traditional, open prostatectomy, setting new standards in patient safety, recovery and outcome.

The enhanced nerve-sparing technique developed by Professor Menon, the “Veil of Aphrodite”, has dramatically improved erectile function outcomes following radical prostatectomy. Professor Menon also developed the first catheter-free approach. The Vattikuti Urology Institute, under Professor Menon’s leadership, has performed more than 10,000 robotic surgeries – more than any other hospital in the world.

Programme

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<td>08.00 - 08.35</td>
<td>Registration</td>
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<td>08.35 - 08.45</td>
<td>Welcome and Introduction</td>
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<td>08.45 - 08.55</td>
<td>Case 1 presentation</td>
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<td>08.55 - 09.10</td>
<td>PSA and current disease patterns in the UK</td>
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<td>09.10 - 10.00</td>
<td>PSA – The Male Mammogram?</td>
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<td>Pre Biopsy MRI – Is a prostate biopsy essential?</td>
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<td>Case 2 presentation</td>
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<td>11.10 - 11.30</td>
<td>The Lister “Frozen section” Radical Prostatectomy Programme</td>
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<td>11.30 - 12.30</td>
<td>Update on Robot-assisted Radical Prostatectomy</td>
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<td>12.30 - 12.50</td>
<td>Radical Radiotherapy in Locally Advanced Prostate Cancer</td>
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<td>12.50 - 13.00</td>
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<td>Lunch</td>
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Session 3: Upper Tract Malignancy  Chair: Mr Damian Hanbury

14.00 - 14.10 Haematuria and patient awareness - The “Blood in pee” campaign  Mr Nikhil Vasdev
14.10 - 14.25 Robotic Partial Nephrectomy  Mr Jim Adshead
14.25 - 14.35 CT Guided Cryotherapy – Lister Experience with technique  Dr Chris King
14.35 - 15.15 Advanced robotics for kidney tumours and transplantation  Prof Mani Menon
15.15 - 15.45 Balloon Debate - Trans versus Retro peritoneal Laparoscopic Nephrectomy
   Retroperitoneal Laparoscopic Nephrectomy (03.15 – 03.30)  Mr Tim Lane
   Transperitoneal Laparoscopic Nephrectomy (03.30 – 03.45)  Mr Jacques Roux
15.45 - 16.00 Discussion
   Panellists: Prof Menon, Mr Damian Hanbury, Dr Chris King, Mr Tim Lane
16.00 - 16.30 Coffee

Session 4: Research, Training and Education  Chair: Mr Asher Alam

16.30 - 16.40 Robotic Research Update and Lister Robotic Urology / Vatikutti Foundation Collaboration Project  Mr Nikhil Vasdev
16.40 - 16.55 Prostate Cancer Pathways  Mr Amjad Peracha
16.55 - 17.10 Increasing indication of PET scans in Urological Malignancy  Dr Seb Chang
17.10 - 17.15 Medical Director’s Address  Miss Jane McCue
17.15 – 17.20 Plaque Presentation Ceremony to Prof Menon  Miss Jane McCue
17.20 - 17.30 Closing Remarks:  Prof Mani Menon, Mr Nikhil Vasdev, Mr Jim Adshead, Mr Tim Lane

Meeting Close

Meeting Faculty  (in alphabetical order)

Mr Jim Adshead, Consultant Urological Surgeon, Lister Hospital
Mr Asher Alam, Consultant Urological Surgeon, Luton and Dunstable Hospital
Dr Roberto Alonzi, Consultant Clinical Oncologist, Lister Hospital
Dr Samita Agarwal, Consultant Pathologist, Lister Hospital
Mr Freddie Banks, Consultant Urological Surgeon, Watford General Hospital
Dr Sebastian Chang, Consultant Radiologist, Lister Hospital
Ms Linda Fowler, Research Nurse Specialist, Lister Hospital
Mr Damian Hanbury, Consultant Urological Surgeon, Lister Hospital
Dr Rob Hughes, Consultant Clinical Oncologist, Lister Hospital
Dr Chris King, Consultant Radiologist, Lister Hospital
Mr Tim Lane, Consultant Urological Surgeon, Lister Hospital
Dr Amit Patel, Consultant Radiologist, Lister Hospital
Ms Christine Roach, Senior Administrative Support, Beds & Herts Cancer Network
Mr Jacques Roux, Consultant Urological Surgeon, Watford General Hospital
Mr Nikhil Vasdev, Consultant Urological Surgeon, Lister Hospital
Mr Nikhil Vasdev is a Consultant Urological Surgeon with a subspecialist interest in Robotic Urological Surgery/Urologic Oncology at the Lister Hospital and Visiting Senior Clinical Lecturer at the University of Hertfordshire.

Mr Vasdev is the East and North Herts NHS Trust’s Network Lead for the Lister Robotic Urology/Vatikutti Foundation Collaboration. The aim of this collaboration, which was established in June 2015, is to collaborate on prospective data collection and create a high level of evidence in Robotic Urology, providing support for an international training curriculum for robotic surgery, participating in the global exchange fellowship programs and innovating new surgical procedures in collaboration with other partner institutions. Most importantly, the collaboration will benefit our patients, helping to ensure that they continue to benefit from one of the highest quality of robotic services to be found in the country.

Professor Mani Menon started the first programme in robotic surgery in the world in 2000 at the Vattikuti Urology Institute, focusing initially on prostate cancer. The robotic approach that his team and he developed, the Vattikuti Institute Prostatectomy (VIP), revolutionised the field of Urology and has become the gold standard for the surgical treatment of prostate cancer. Its establishment meant an unprecedented improvement in the traditional, open prostatectomy, setting new standards in patient safety, recovery and outcome. He then built a team that duplicated these results for the treatment of other cancers, particularly bladder and kidney cancers, as well as for renal transplantation. This work proved to be transformational as it was adopted by surgeons in other disciplines.